



Center for Musical Development and Wellness

About

Center for Musical Development and Wellness (CMDW) is a new, federally recognized 501(c)3 not-for-profit organization promoting mental and physical wellness in music through research, education and outreach collaborations in New Orleans and the world!

Programs

Recreational Music Making (RMM): Fun music classes and events for all ages and abilities in partnership with schools, childcare centers, senior facilities, and other community settings to serve children and adults of all abilities who may benefit from recreational music experiences that promote wellness and improve quality of life.

Music Language and Literacy (MLL): Partnering with NSA-NOLA, Billy's Quest and others to share information about the relationship between music, language and literacy for individuals with reading, communication, and learning differences.

Mindful Musicians: Mental health awareness and support for musicians and those who love them Partnering with existing service organizations and professionals to serve New Orleans area musicians, especially those with mental health and wellness concerns.

5 Ways to Get Involved!

- Collaborate:** Contact us for sponsorship and partnership opportunities and to offer a CMDW program at your institution.
- Volunteer:** We value your time and talent! Contact us to learn about volunteer opportunities.
- Learn:** Participate in our music classes and events!
- Share:** Follow us on social media, and help us spread the word!
- Donate securely:** www.MyCMDW.NetworkforGood.com

Contact: April M. Hamm, Founder/Director/Facilitator (Admin@MyCMDW.org)

Grants * Awards * In-Kind Support * Partners



National Piano Foundation Good Shepherd Lutheran Church



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